


Vegetarian/Vegan Menu

Starters

 **Harissa Houmous** £7.45
Served with Gluten-free Pita Bread

Mains

 **Homemade Vegetable Curry with Rice** £17.95
Medium Spiced vegetable Curry with Chickpeas, and Vegetables. Served with Rice

 =Vegan

Dessert Menu

Fruits of the Forest Pavlova £8.50
Meringue topped with whipped cream, fruits of the forest,
fresh fruit and served with Raspberry Compote

Raspberry Crème Brulee £8.50
Raspberry Compote topped with set creamy custard and finished with caramelised sugar

Yarde Farm Ice cream or Sorbet 3 scoops £8.50
Please ask for today's choices

Allergy Advice:

- all our food is freshly prepared in a kitchen where nuts, gluten and other Allergens are present
and our Menu descriptions do not include all ingredients.
If you have an allergy please let us know before ordering.

All prices include VAT.

All items listed are subject to availability we reserve the right to exchange items that have become unavailable.

Weights shown are approximate and prior to cooking.

We reserve the right to withdraw this menu at any time

*A discretionary 10% gratuity will be added to all tables



The Rubbing House

Gluten-free Menu

Telephone: 01372 745050
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Email: admin@rubbinghouse.co.uk

We hope you have a most pleasurable and relaxing dining experience with us today ...

On Arrival

Marinated Whole Black Olives £3.95

Starters

Soup of the Day £8.00

Thick, Hearty and Delicious. Served with Gluten-free Roll

Fresh Creamy Stilton Mushrooms £8.25

Pan Fried with Garlic, Thyme and Stilton Cheese.
Served over Toasted Bread

Fried Halloumi £7.95

Fried Halloumi, served with Sweet Chilli Sauce

Classic Prawn Cocktail £10.45

North Atlantic Prawns on a bed of mixed leaves and topped with Seafood Sauce. Served with Gluten-free Bread

Shell on Tiger Prawns £11.45

King Prawns pan-fried with Garlic Butter

Chicken Liver and Cognac Pate £8.75

A Smooth Liver Pâté served with Homemade Red Onion and Balsamic Relish

Greek Trio to share £15.45

Taramasalata, Tzatziki and Houmous Dips.
Served with Gluten-free Pita Bread

Salad Menu

Chicken, Bacon and Avocado £16.95

Char grilled Chicken, Bacon and Avocado served over Mixed Salad Leaves and dressed with Honey and Mustard Sauce.

Halloumi Mango and Avocado £16.95

Fried Halloumi, Fresh Mango and Avocado served over mixed leaves and topped with Chilli and Mango Dressing.

King Prawn, Mango and Avocado £16.95

King Prawns marinated with Sweet Chilli and Mango, Fresh Mango and Avocado served over Mixed Leaves topped with Mango and Chilli Dressing.

Side Orders

Sweet Potato Wedges £5.95

Side Salad £4.45

Seasonal Vegetables £3.95

The Rubbing House has gained a reputation for excellent quality dishes, showing imagination and tradition side by side. Our use of fresh ingredients has proven to be very popular, especially our range of meat and fish dishes. Seasonal fayre is also incorporated into our menus. To accompany your meal our wine and beer list has been carefully selected to offer you a variety of wines from around the world.

Steaks

200g Fillet £31.50
Ribeye Steak £29.95
Sirloin Steak £28.95

All our steaks are a minimum of 28 day aged and hand cut to approximately 250g unless otherwise stated. Chargrilled to your liking and served with chips, peas, tomato and mushrooms.

Why not add a Sauce for £1.95?
Choose from Peppercorn, Red Wine, or Creamy White Wine and Mushroom.

Mains

Salmon Fillet £18.95

Topped with Creamy Chardonnay Sauce, New Potatoes and Seasonal Vegetables

Fillets of Sea Bass Regular £19.95/Small £18.95

Pan fried Fillets of Sea Bass topped with Creamy Chardonnay Sauce, served with New Potatoes and Seasonal Vegetables

Gammon Steak Regular £16.95/Small £15.95

Char grilled and served with Chips, Peas, Pineapple and Fried Egg

Gourmet Steak Burger £18.45

Char grilled Minced Steak Burger with Relish, Lettuce, Tomato, Gherkin, Cheese and Streaky Bacon. Served with Chips and Homemade Coleslaw

Additional Toppings

Mushroom £1.50

Fried Egg £1.50

Halloumi £2.50

Souvlaki Regular £20.45/Small £19.45

Chicken Char grilled with Peppers and Onion and served with Chips and Salad topped with Feta and Marinated Whole Black Olives.

Mediterranean Tiger Prawns £20.45

Shell on Tiger Prawns topped with Garlic Butter
Served with Chips.

Stuffed Chicken £19.95

Chicken Breast stuffed with Cream Cheese and Leeks, wrapped in Bacon. Served on a bed of Mashed Potatoes with Green Beans, Carrots and creamy Chardonnay Sauce.

Seared Calves Liver Regular £21.95/Small £19.95

Pan fried Calves Liver served on a bed of Mashed Potatoes, with Seasonal Vegetables, topped with Fried Onions, Streaky Bacon and Red Wine Jus

Belly Pork £19.95

Slowly braised with Honey, served with Apple Cider Jus, Mashed Potatoes and Seasonal Vegetables

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