

Vegetarian/Vegan Menu

Starters

VE Harissa Houmous £6.95
With Pitta Bread

Mains

VE Lentil Cottage Pie £16.95
Served with Seasonal Vegetables

VE Mediterranean Vegetable Tart £16.95

A Basil Pastry Case filled with Roasted Tomato Sauce, Grilled Courgettes, Red and Yellow Peppers and Cherry Tomatoes, topped with Pumpkin seeds and Basil Crumb.
Served with New Potatoes

V Roasted Vegetable Lasagne £16.95

Pepper, Aubergine and Mushrooms in a Tomato Sauce layered between Lasagne Verdi and topped with Béchamel Sauce. Served with Salad and Garlic Bread

V Falafel and Spinach Burger £16.95

Topped with Monterey Jack Cheese, Fried onions and Mayonnaise in a Brioche Burger Bun.
Served with Chips

VE =Vegan **V** =Vegetarian

Sandwich Menu

£9.95

Served with Dressed Leaves and a Handfull of Chips

Choose From:

Cumberland Sausage and Fried Onion

Hand carved Honey Roast Ham and cheese

Fish Finger and Tartare Sauce in a Brioche Bun

Houmous Sandwich **V**

Creamy Houmous layered with Carrot, Cheese,
Cucumber, Red Onion, Tomato, Gherkin and Rocket

Available 12 - 2:30pm Monday - Friday

Not available between 2nd December 2024 and 6th January 2025

For our Younger Guests

up to the Age of 10 Years

Fish Fingers, Chips and Peas £8.95

Battered Chicken Fillet Goujons with Chips and Baked Beans £8.50

Sausages and Mash with Peas and Gravy £8.50

Macaroni Cheese £8.50



The Rubbing House Menu

Telephone 01372 745050

www.rubbinghouse.com

Langley Vale Road, Epsom Downs, Epsom KT18 5LJ

We hope you have a most pleasurable and relaxing dining experience with us today ...

The Rubbing House has gained a reputation for excellent quality dishes, showing imagination and tradition side by side. Our use of fresh ingredients has proven to be very popular, especially our range of meat and fish dishes. Seasonal fayre is also incorporated into our menus. To accompany your meal our wine and beer list has been carefully selected to offer you a variety of wines from around the world.

On Arrival

Artisan Bread and Marinated Whole Black Olives £6.95

Marinated Whole Black Olives £3.95

Starters

Soup of the Day £7.50

Thick, Hearty and Delicious. Served with Crusty Bread

Keftedes £8.95 **New**

Traditional Greek Cypriot meatballs, served with Pita bread and Tzatziki

Fresh Creamy Stilton Mushrooms £7.75 

Pan Fried with Garlic, Thyme and Stilton Cheese. Served over Toasted Artisan Bread.

Fried Halloumi £7.95 

Fried Halloumi, served with Sweet Chilli Sauce

Classic Prawn Cocktail £8.95

North Atlantic Prawns on a bed of mixed leaves and topped with Seafood Sauce. Served with Brown Bread

Shell on Tiger Prawns £9.95 **New**

King Prawns pan-fried with Garlic Butter and served with Artisan Bread

Panko Coated Calamari £8.75 **New**

Served with Tartare Sauce & Lemon

Deep Fried Whitebait £8.45

Served with Tartare Sauce and brown bread and butter

Chicken Liver and Cognac Pate £8.25

A Smooth Liver Pâté served with Homemade Red Onion and Balsamic Relish and Crusty Bread

Panko Coated Deep Fried Brie £7.95

Served with Mango Coulis

Greek Trio to share £14.95

Taramasalata, Tzatziki and Houmous Dips served with Pitta Bread

Greek Mini Mezzes to share £21.00 **New**

Stuffed Vine leaves, Keftedes, Calamari, Halloumi, Tzatziki, Houmous and Pitta Bread

Salad Menu

Chicken, Bacon and Avocado £16.95

Char grilled Chicken, Bacon and Avocado served over Mixed Salad Leaves and dressed with Honey and Mustard Sauce.

Halloumi Mango and Avocado £16.95 **New** 

Fried Halloumi, Fresh Mango and Avocado served over mixed leaves and topped with Chilli and Mango Dressing.

King Prawn, Mango and Avocado £16.95

King Prawns marinated with Sweet Chilli and Mango, Fresh Mango and Avocado served over Mixed Leaves topped with Mango and Chilli Dressing.

Side Orders

Garlic Bread £3.95 **with Cheese** £4.95

Onion Rings £3.25

Sweet Potato Wedges £4.95

With Parmesan and Rosemary

Side Salad £4.45

Seasonal Vegetables £3.95



Steaks

200g Fillet £29.50 **New**

Ribeye Steak £28.95

Sirloin Steak £27.95

Why not add a Sauce for £1.95?

Choose from Homemade Peppercorn, Red Wine, or Gluten Free Cream White Wine and Mushroom.

All our steaks are a minimum of 28 day aged and hand cut to approximately 250g unless otherwise stated. Chargrilled to your liking and served with chips, peas, tomato and mushrooms.

Mains

Salmon Fillet £18.95

Topped with Creamy White Wine Sauce, New Potatoes and Seasonal Vegetables

Wholetail Scampi £15.45

Served with Chips and Peas

Filletts of Sea Bass Regular £18.95/Small £17.95

Pan fried Filletts of Sea Bass topped with Creamy White Wine Sauce, served with New Potatoes and Seasonal Vegetables

Homemade Moussaka £17.95

Made to a traditional Greek recipe of Minced Lamb, Courgettes, Potatoes and Aubergines, finished with Béchamel Sauce.

Served with Chips and Salad topped with Feta and Marinated Whole Black Olives

Gammon Steak Regular £15.95/Small £14.95

Char grilled and served with Chips, Peas, Pineapple and Fried Egg

Gourmet Steak Burger £17.45

Char grilled Minced Steak Burger with Relish, Lettuce, Tomato, Gherkin, Cheese and Streaky Bacon. Served in a toasted Brioche Bun and served with Chips and Homemade Coleslaw

Additional Toppings

Mushroom £1.50 Fried Egg £1.50

Onion Rings £2.00 Halloumi £2.50

Homemade Steak, Mushroom and Ale Pie £16.95

Topped with Puff Pastry and served with Chips and Peas

Souvlaki Regular £18.95/Small £17.95

Chicken Char grilled with Peppers and Onion and served with Pitta Bread, Chips and Salad topped with Feta and Marinated Whole Black Olives

Stuffed Chicken £18.95

Chicken Breast stuffed with Cream Cheese and Leeks, wrapped in Bacon. Served on a bed of Mashed Potatoes with Green Beans, Carrots and creamy White Wine Sauce.

Mediterranean Tiger Prawns £19.95 **New**

Shell on Tiger Prawns topped with Garlic Butter Served with Chips and Artisan Bread

Beer Battered Fish and Chips

Regular £19.95/Small £18.95 **New**

Prime fillet of cod in our signature Beer batter, and served with Chips and Mushy Peas

King Prawn Linguine £19.95

King prawns in a tomato sauce with a hint of chilli. Served with Linguine, topped with Parmesan.

Roast Pork Chop £17.95

Pork Chop on the Bone, Served with Chips, Seasonal Vegetables and creamy Wholegrain Mustard Sauce

Seared Calves Liver Regular £19.95/Small £18.95

Pan fried Calves Liver served on a bed of Mashed Potatoes, with Seasonal Vegetables, topped with Fried Onions, Streaky Bacon and Red Wine Jus

Minted Lamb Shank £26.95

Tender Lamb Shank in a Tomato and Mint Sauce, served with Mashed Potatoes and Seasonal Vegetables

Belly Pork £19.95

Slowly braised with Honey, served with Apple Cider Jus, Mashed Potatoes and Seasonal Vegetables

Sausage and Mash £15.95

Three Cumberland Sausages made by our local butcher and topped with Fried Onions and Red Wine Sauce, served with Peas

Beef Bourguignon £18.95

Chunks of Tender Beef cooked with Red Wine, Mushrooms, Carrots and Smoked Bacon and served with Mashed Potatoes

All prices include VAT. All items are subject to availability. Weights shown are approximate and prior to cooking. Food items may contain small bones. Allergy Advice: All our food is freshly prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have an allergy please let us know before ordering.

10% Service Charge will be added to all tables.