

## Vegetarian/Vegan Menu

### Starters

 **Harissa Houmous** £6.95  
With Pitta Bread

### Mains

 **Lentil Cottage Pie** £16.95  
Served with Seasonal Vegetables

 **Mediterranean Vegetable Tart** £16.95  
A Basil Pastry Case filled with Roasted Tomato Sauce, Grilled Courgettes, Red and Yellow Peppers and Cherry Tomatoes, topped with Pumpkin seeds and Basil Crumb.  
Served with New Potatoes

 **Homemade Mauritian Vegetable Curry with Rice** £16.95  
Medium Spiced vegetable Curry with Chickpeas, and Vegetables. Served with Rice

 **Roasted Vegetable Lasagne** £16.95  
Pepper, Aubergine and Mushrooms in a Tomato Sauce layered between Lasagne Verdi and topped with Béchamel Sauce. Served with Salad and Garlic Bread

 **Falafel and Spinach Burger** £16.95  
Topped with Monterey Jack Cheese, Fried onions and Mayonnaise in a Brioche Burger Bun.  
Served with Chips

 =Vegan     =Vegetarian


## Sandwich Menu

£9.95

Served with Dressed Leaves and a Handfull of Chips

Choose From:

- Cumberland Sausage and Fried Onion**
- Hand carved Honey Roast Ham and cheese**
- Fish Finger and Tartare Sauce in a Brioche Bun**

**Houmous Sandwich**   
Creamy Houmous layered with Carrot, Cheese,  
Cucumber, Red Onion, Tomato, Gherkin and Rocket

Available 12 - 2:30pm Monday - Friday  
Not available between 2nd December 2024 and 6th January 2025



# The Rubbing House Menu

Telephone 01372 745050  
[www.rubbinghouse.com](http://www.rubbinghouse.com)  
Langley Vale Road, Epsom Downs, Epsom KT18 5LJ

We hope you have a most pleasurable and relaxing dining experience with us today ...

## On Arrival

**Artisan Bread and Marinated Whole Black Olives** £6.95

**Marinated Whole Black Olives** £3.95

## Starters

**Soup of the Day** £7.50

Thick, Hearty and Delicious. Served with Crusty Bread

**Keftedes** £8.95. **New**

Traditional Greek Cypriot meatballs, served with Pita bread and Tzatziki

**Fresh Creamy Stilton Mushrooms** £7.75 

Pan Fried with Garlic, Thyme and Stilton Cheese. Served over Toasted Artisan Bread.

**Fried Halloumi** £7.95 

Fried Halloumi, served with Sweet Chilli Sauce

**Classic Prawn Cocktail** £8.95

North Atlantic Prawns on a bed of mixed leaves and topped with Seafood Sauce. Served with Brown Bread

**Shell on Tiger Prawns** £9.95 **New**

King Prawns pan-fried with Garlic Butter and served with Artisan Bread

**Panko Coated Calamari** £8.75 **New**

Served with Tartare Sauce & Lemon

**Deep Fried Whitebait** £8.45

Served with Tartare Sauce and brown bread and butter

**Chicken Liver and Cognac Pate** £8.25

A Smooth Liver Pâté served with Homemade Red Onion and Balsamic Relish and Crusty Bread

**Panko Coated Deep Fried Brie** £7.95

Served with Mango Coulis

**Greek Trio to share** £14.95

Taramasalata, Tzatziki and Houmous Dips served with Pita Bread

**Greek Mini Mezzes to share** £21.00 **New**

Stuffed Vine leaves, Keftedes, Calamari, Halloumi, Tzatziki, Houmous and Pita Bread

## Salad Menu

**Chicken, Bacon and Avocado** £16.95

Char grilled Chicken, Bacon and Avocado served over Mixed Salad Leaves and dressed with Honey and Mustard Sauce.

**Halloumi Mango and Avocado** £16.95 **New** 

Fried Halloumi, Fresh Mango and Avocado served over mixed leaves and topped with Chilli and Mango Dressing.

**King Prawn, Mango and Avocado** £16.95

King Prawns marinated with Sweet Chilli and Mango, Fresh Mango and Avocado served over Mixed Leaves topped with Mango and Chilli Dressing.

## Side Orders

**Garlic Bread** £3.95 **with Cheese** £4.95

**Onion Rings** £3.25

**Sweet Potato Wedges** £4.95

With Parmesan and Rosemary

**Side Salad** £4.45

**Seasonal Vegetables** £3.95



All prices include VAT. All items are subject to availability. Weights shown are approximate and prior to cooking. Food items may contain small bones. Allergy Advice: All our food is freshly prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have an allergy please let us know before ordering.

**10% Service Charge will be added to all tables.**

The Rubbing House has gained a reputation for excellent quality dishes, showing imagination and tradition side by side. Our use of fresh ingredients has proven to be very popular, especially our range of meat and fish dishes. Seasonal fayre is also incorporated into our menus. To accompany your meal our wine and beer list has been carefully selected to offer you a variety of wines from around the world.

## Steaks

**200g Fillet** £29.50 **New**

**Ribeye Steak** £28.95

**Sirloin Steak** £27.95

Why not add a Sauce for £1.95?

Choose from Homemade Peppercorn, Red Wine, or Gluten Free Cream White Wine and Mushroom.

All our steaks are a minimum of 28 day aged and hand cut to approximately 250g unless otherwise stated. Chargrilled to your liking and served with chips, peas, tomato and mushrooms.

## Mains

**Salmon Fillet** £18.95

Topped with Creamy White Wine Sauce, New Potatoes and Seasonal Vegetables

**Whole tail Scampi** £15.45

Served with Chips and Peas

**Fillets of Sea Bass** Regular £18.95/Small £17.95

Pan fried Fillets of Sea Bass topped with Creamy White Wine Sauce, served with New Potatoes and Seasonal Vegetables

**Linguini Bolognese** £16.95 **New**

A rich meat Ragù served over Linguini and topped with Fresh Basil and Parmesan

**Homemade Moussaka** £18.95

Made to a traditional Greek recipe of Minced Lamb, Courgettes, Potatoes and Aubergines, finished with Béchamel Sauce. Served with Chips and Salad topped with Feta and Marinated Whole Black Olives

**Gammon Steak** Regular £15.95/Small £14.95

Char grilled and served with Chips, Peas, Pineapple and Fried Egg

**Gourmet Steak Burger** £17.45

Char grilled Minced Steak Burger with Relish, Lettuce, Tomato, Gherkin, Cheese and Streaky Bacon. Served in a toasted Brioche Bun and served with Chips and Homemade Coleslaw

Additional Toppings

Mushroom £1.50 Fried Egg £1.50

Onion Rings £2.00 Halloumi £2.50

**Gourmet Chicken Burger** £17.45

Panko Coated Chicken Breast with Mayonnaise, Lettuce, Tomato, Gherkin, Cheese and Streaky Bacon. Served in a toasted Brioche Bun and served with Chips and Homemade Coleslaw

Additional Toppings

Mushroom £1.50 Fried Egg £1.50

Onion Rings £2.00 Halloumi £2.50

**Homemade Steak, Mushroom and Ale Pie** £16.95

Topped with Puff Pastry and served with Chips and Peas

**Souvlaki** Regular £18.95/Small £17.95

Chicken Char grilled with Peppers and Onion and served with Pita Bread, Chips and Salad topped with Feta and Marinated Whole Black Olives

**Home made Fragrant Chicken Curry** £17.95

A Medium Spiced Curry, Garnished with Fresh Coriander and Red Onion. Served with Rice and Paratha Bread

**Mediterranean Tiger Prawns** £19.95 **New**

Shell on Tiger Prawns topped with Garlic Butter Served with Chips and Artisan Bread

**Beer Battered Fish and Chips**

Regular £19.95/Small £18.95 **New**

Prime fillet of cod in our signature Beer batter, and served with Chips and Mushy Peas

**King Prawn Linguine** £19.95

King prawns in a tomato sauce with a hint of chilli. Served with Linguine, topped with Parmesan.

**Chicken Piccata** £18.95 **New**

Chicken Breast Marinated with Lemon, Cooked in a Cream and Caper Sauce, Tossed with Penne Pasta and julienne vegetables. Topped with Parmesan Cheese

**Roast Pork Chop** £17.95

Pork Chop on the Bone, Served with Chips, Seasonal Vegetables and creamy Wholegrain Mustard Sauce

**Stuffed Chicken** £18.95

Chicken Breast stuffed with Cream Cheese and Leeks, wrapped in Bacon. Served on a bed of Mashed Potatoes with Green Beans, Carrots and creamy White Wine Sauce.

**Seared Calves Liver** Regular £19.95/Small £18.95

Pan fried Calves Liver served on a bed of Mashed Potatoes, with Seasonal Vegetables, topped with Fried Onions, Streaky Bacon and Red Wine Jus

**Homemade Shepherd's Pie** £17.95 **New**

Topped with Cheesy Mashed Potato and Served with Seasonal Vegetables

**Minted Lamb Shank** £26.95

Tender Lamb Shank in a Tomato and Mint Sauce, served with Mashed Potatoes and Seasonal Vegetables

**Belly Pork** £19.95

Slowly braised with Honey, served with Apple Cider Jus, Mashed Potatoes and Seasonal Vegetables

**Sausage and Mash** £15.95

Three Cumberland Sausages made by our local butcher and topped with Fried Onions and Red Wine Sauce, served with Peas

**Beef Bourguignon** £18.95

Chunks of Tender Beef cooked with Red Wine, Mushrooms, Carrots and Smoked Bacon and served with Mashed Potatoes