

Vegetarian/Vegan Menu

Starters

Harissa Houmous £6.95
With Pitta Bread

Mains

VE Lentil Cottage Pie £16.95
Served with Seasonal Vegetables

VE Homemade Mauritian Vegetable Curry with Rice £16.95
Medium Spiced vegetable Curry with Chickpeas, and Vegetables. Served with Rice

VE Mediterranean Vegetable Tart £16.95
A Basil Pastry Case filled with Roasted Tomato Sauce, Grilled Courgettes, Red and Yellow Peppers and Cherry Tomatoes, topped with Pumpkin seeds and Basil Crumb.
Served with New Potatoes

V Roasted Vegetable Lasagne £16.95
Pepper, Aubergine and Mushrooms in a Tomato Sauce layered between Lasagne Verdi and topped with Béchamel Sauce. Served with Salad and Garlic Bread

V Falafel and Spinach Burger £16.95
Topped with Monterey Jack Cheese, Fried onions and Mayonnaise in a Brioche Burger Bun.
Served with Chips

VE=Vegan V=Vegetarian

Sandwich Menu

£9.50

Served with Dressed Leaves and a Handfull of Chips

Choose From:

Cumberland Sausage and Fried Onion

Hand Carved Honey Roast Ham and Chutney

Fish Finger and Tartare Sauce

Ultimate Houmous Sandwich

Creamy Houmous layered with Carrot, Cheddar Cheese,
Cucumber, Red Onion, Tomato, Gherkin and Rocket

Available 12 - 2:30pm Monday - Friday

Not available on Bank Holidays, or between 1st December2023 and 3rd January2024



The Rubbing House Menu

Telephone 01372 745050

www.rubbinghouse.com

Langley Vale Road, Epsom Downs, Epsom KT18 5LJ

We hope you have a most pleasurable and relaxing dining experience with us today ...

On Arrival

Artisan Bread with Balsamic and Olive Oil £4.25
Marinated Whole Black Olives £4.45

Starters

Chef's Homemade Soup of the Day £6.95
 Thick, Hearty and Delicious. Served with Crusty Bread

Fresh Creamy Stilton Mushrooms £7.75 
 Pan Fried with Garlic, Thyme and Stilton Cheese. Served over Toasted Artisan Bread.

Chicken Liver and Brandy Parfait £7.95
 A Smooth Liver Pâté served with Homemade Red Onion and Balsamic Relish and Crusty Bread

Classic Prawn Cocktail £8.95
 North Atlantic Prawns on a bed of mixed leaves and topped with Seafood Sauce. Served with Brown Bread

Greek Trio to share £14.95
 Taramasalata, Tzatziki and Houmous Dips served with Pita Bread

Please see Special's Board for today's Choices

Salad Menu

Chicken, Bacon and Avocado £15.95
 Char grilled Chicken, Bacon and Avocado served over Mixed Salad Leaves and dressed with Honey and Mustard Sauce. Served with Garlic Bread

King Prawn, Mango and Avocado £16.95
 King Prawns marinated with Sweet Chilli and Mango. Fresh Mango and Avocado served over Mixed Leaves topped with Mango and Chilli Dressing. Served with Garlic Bread

Side Orders

Garlic Bread £3.25 **with Cheese** £4.95
Onion Rings £3.25

Macaroni Cheese £4.95 **New**
Sweet Potato Wedges £4.95
 With Parmesan and Rosemary
Side Salad £4.45
Seasonal Vegetables £3.95



All prices include VAT. All items are subject to availability. Weights shown are approximate and prior to cooking. Food items may contain small bones. Allergy Advice: All our food is freshly prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have an allergy please let us know before ordering.

10% Service Charge will be added to all tables.

The Rubbing House has gained a reputation for excellent quality dishes, showing imagination and tradition side by side. Our use of fresh ingredients has proven to be very popular, especially our range of meat and fish dishes. Seasonal fare is also incorporated into our menus. To accompany your meal our wine and beer list has been carefully selected to offer you a variety of wines from around the world.

Steaks

All our Steaks are a minimum of 28 day aged and hand cut to approximately 250g. Char grilled to your liking and served with Chips, Peas, Tomato and Mushrooms.

Ribeye Steak £27.95 **Sirloin Steak** £27.95
 Why not add a Sauce for £1.95?
 Choose from Homemade Peppercorn, Red Wine, or Gluten Free Cream White Wine and Mushroom.

Fish

Salmon Fillet £17.95
 Topped with Creamy White Wine Sauce, New Potatoes and Seasonal Vegetables

King Prawn Linguine £19.95
 King prawns in a tomato sauce with a hint of chilli. Served with Linguine, topped with Parmesan.
 Served Garlic Bread

Wholetail Scampi £15.45
 Served with Chips and Peas

Beer Battered Fish and Chips £19.95
 Skin on Fresh Haddock Fillet in our Signature Beer Batter. Served with Chips, Mushy Peas and Tartare Sauce

Fillet of Sea Bass Regular £18.95 / Small £17.95
 Pan fried Fillets of Sea Bass topped with White Wine and Cream Sauce, served with New Potatoes and Seasonal Vegetables

Mains

Homemade Moussaka £17.95
 Made to a traditional Greek recipe of Minced Lamb, Courgettes, Potatoes and Aubergines, finished with Béchamel Sauce. Served with Chips and Salad topped with Feta and Marinated Whole Black Olives

Gammon Steak Regular £15.95/Small £14.95
 Char grilled and served with Chips, Peas, Pineapple and Fried Egg

Gourmet Steak Burger £17.45
 Char grilled Minced Steak Burger with Relish, Lettuce, Tomato, Gherkin, Cheese and Sreaky Bacon. Served in a toasted Brioche Bun and served with Chips and Homemade Coleslaw
 Additional Toppings
 Mushroom £1.50 Fried Egg £1.50
 Onion Rings £2.00 Halloumi £2.50

Gourmet Chicken Burger £17.45
 Panko Coated Chicken Breast with Mayonnaise, Lettuce, Tomato, Gherkin, Cheese and Sreaky Bacon. Served in a toasted Brioche Bun and served with Chips and Homemade Coleslaw
 Additional Toppings
 Mushroom £1.50 Fried Egg £1.50
 Onion Rings £2.00 Halloumi £2.50

Homemade Steak, Mushroom and Ale Pie £16.95
 Topped with Puff Pastry and served with Chips and Peas

Souvlaki Regular £18.95/Small £17.95
 Chicken Char grilled with Peppers and Onion and served with Pita Bread, Chips and Salad topped with Feta and Marinated Whole Black Olives

Roast Pork Chop £17.95
 Pork Chop on the Bone, Served with Chips, Seasonal Vegetables and creamy Wholegrain Mustard Sauce

Stuffed Chicken £18.95
 Chicken Breast stuffed with Cream Cheese and Leeks, wrapped in Bacon. Served on a bed of Mashed Potatoes with Green Beans, Carrots and creamy White Wine Sauce.

Seared Calves Liver Regular £19.95/Small £17.95
 Pan fried Calves Liver served on a bed of Mashed Potatoes, with Seasonal Vegetables, topped with Fried Onions, Sreaky Bacon and Red Wine Jus

Home made Fragrant Chicken Curry £17.45
 A Medium Spiced Curry, Garnished with Fresh Coriander and Red Onion. Served with Rice and Paratha Bread

Minted Lamb Shank £22.95
 Tender Lamb Shank in a Tomato and Mint Sauce, served with Mashed Potatoes and Seasonal Vegetables

Belly Pork £18.95
 Slowly braised with Honey, served with Apple Cider Jus, Mashed Potatoes and Seasonal Vegetables

Sausage and Mash £14.95
 Three Cumberland Sausages made by our local butcher and topped with Fried Onions and Red Wine Sauce, served with Peas

Beef Bourguignon £18.45
 Chunks of Tender Beef cooked with Red Wine, Mushrooms, Carrots and Smoked Bacon and served with Mashed Potatoes