

## *Vegetarian/Vegan Menu*

### *Starters*

Harissa Houmous £6.95  
With Pitta Bread

### *Mains*

VE Lentil Cottage Pie £15.95  
Served with Seasonal Vegetables

VE Three Bean Chilli £15.95  
Served with Basmati Rice

VE Homemade Mauritian Vegetable Curry with Rice £15.95  
Medium Spiced vegetable Curry with Chickpeas, and vegetables. Served with Rice

VE Mediterranean Vegetable Tart £15.95  
A Basil Pastry Case filled with roasted tomato sauce, grilled courgettes, red and yellow peppers and cherry tomatoes, topped with Pumpkin seeds and basil crumb. Served with New Potatoes

V Roasted Vegetable Lasagne £15.95  
Pepper, aubergine and mushrooms in a tomato sauce layered between Lasagne Verdi and topped with Béchamel sauce. Served with Salad and Garlic Bread

V Falafel and Spinach Burger £15.95  
Topped with Monterey Jack Cheese, Fried onions and Mayonnaise in a Brioche Burger Bun. Served with Chips

VE=Vegan  
V=Vegetarian

## *Lunch Menu*

Only Available 12 - 3pm  
Monday - Friday (excluding Bank Holidays)

Fish Finger Brioche £11.95  
Prime Fillet of Cod in our Signature Beer Batter, served in a Brioche Bun with Crisp Iceberg and Tartare Sauce. Served with Chips

CBLT £12.95  
Chicken, Streaky Bacon, Lettuce, Tomato and Mayonnaise in a Baguette, served with Chips

## *For our Younger Guests up to the Age of 10 Years*

Margherita Pizza £7.95  
Tomato and Mozzarella

Pepperoni Pizza £8.95

Home Made Cod Fish Fingers with Chips and Peas £8.95

Battered Chicken Fillet Goujons with Chips and Baked Beans £7.95

Sausages and Mash with Peas and Gravy £7.95

Linguine Pasta in a Tomato Sauce £6.95  
Add Battered Chicken Fillet Goujons £8.95



# *The Rubbing House Menu*

Due to the current difficulties in product supply we regret that some food items will need to be substituted for alternative products.


Telephone 01372 745050  
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We hope you have a most pleasurable and relaxing dining experience with us today ...

## On Arrival

Artisan Bread with Balsamic and Olive Oil £4.25  
Marinated Whole Black Olives £4.45

## Starters

**Chef's Homemade Soup of the Day** £6.95   
Thick, Hearty and Delicious. Served with Crusty Bread

**Fresh Creamy Stilton Mushrooms** £7.75   
Pan Fried with Garlic, Thyme and Stilton Cheese.  
Served over Toasted Artisan Bread.


**Chicken Liver and Brandy Parfait** £7.95  
A Smooth Liver Pâté served with homemade red onion and balsamic relish and Crusty Bread

**Pan Fried Tiger Prawns** £10.45  
Shell on Tiger Prawns served with Garlic Butter

**Classic Prawn Cocktail** £8.45  
North Atlantic Prawns on a bed of mixed leaves and topped with Seafood Sauce. Served with brown bread

**Fresh Asparagus with Poached Egg and Prosciutto** £10.45  
Served over toasted Artisan Bread topped with Parmesan and Honey and Mustard dressing

**Deep Fried Whitebait** £8.45  
Served with Tartare Sauce and brown bread and butter

**Fried Halloumi** £7.45   
Fried Halloumi, served with Sweet Chilli Sauce

**Potato Shells** £8.45  
Potato Shells with Cheese and Bacon. Served with Soured Cream and Chives

**Panko Coated Deep Fried Brie** £7.95  
Served with Cranberry and Orange Sauce

## Sharing Starter

**Camembert** £14.95  
Served with Homemade Balsamic and Red Onion Chutney and Toasted Bread

**Greek Trio** £14.95  
Taramasalata, Tzatziki and Houmous Dips served with Pitta Bread Houmous

**Greek Mini Meze Platter** £20.95  
Houmous, Tzatziki, Pita Bread, Panko Coated Calamari, Fried Halloumi, Vine Leaves, Keftedes and Salad topped with Whole Marinated Black Olives and Feta

## Salad Menu

**Chicken, Bacon and Avocado** £15.95  
Char grilled Chicken, Bacon and Avocado served over Mixed Salad Leaves and dressed with Honey and Mustard Sauce. Served with Garlic Bread

**King Prawn, Mango and Avocado** £16.95  
King Prawns marinated with Sweet Chilli and Mango, Fresh Mango and Avocado served over Mixed Leaves topped with Mango and Chilli Dressing. Served with Garlic Bread

## Side Orders

**Garlic Bread** £3.25 with **Cheese** £4.95

**Onion Rings** £3.25

**Sweet Potato Wedges** £4.95  
With Parmesan and Rosemary

**Side Salad** £4.45

**Seasonal Vegetables** £3.95



All prices include VAT. All items are subject to availability. Weights shown are approximate and prior to cooking. Food items may contain small bones. **Allergy Advice:** All our food is freshly prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have an allergy please let us know before ordering.

**10% Service Charge will be added to all tables.**

The Rubbing House has gained a reputation for excellent quality dishes, showing imagination and tradition side by side. Our use of fresh ingredients has proven to be very popular, especially our range of meat and fish dishes. Seasonal fayre is also incorporated into our menus. To accompany your meal our wine and beer list has been carefully selected to offer you a variety of wines from around the world.

## Steaks

All our Steaks are a minimum of 28 day aged and hand cut to approximately 250g. Char grilled to your liking and served with Chips, Peas, Tomato and Mushrooms.

**Ribeye Steak** £27.95     **Sirloin Steak** £27.95  
Why not add a Sauce for £1.95?  
Choose from Homemade Peppercorn, Red Wine, or Gluten Free Cream White Wine and Mushroom.

## Fish

**Salmon Fillet** £17.95  
Topped with Creamy White Wine Sauce, New Potatoes and Seasonal Vegetables

**King Prawn Linguine** **NEW**  
Regular £18.95 / Small £17.95  
King prawns in a creamy tomato sauce with a hint of chilli. Served with Linguine, topped with Parmesan. Served Garlic Bread

**Wholetail Scampi** £14.95  
Served with Chips and Peas

**Fish Pie** £18.95  
Homemade Fish Pie topped with Boiled Egg, White Wine Sauce and Creamy Mashed Potatoes, Served with Seasonal Vegetables

**Beer Battered Cod and Chips**  
Regular £16.95/Small £15.45  
Premium Fillet of Cod cooked to order with Chips, Peas and Tartare Sauce

**Mediterranean Prawns** £17.95  
Pan Fried Shell on Prawns with Garlic Butter, served with Chips and Artisan Bread

**Fillets of Sea Bass** £17.95  
Pan fried Fillets of Sea Bass topped with White Wine and Cream Sauce, served with New Potatoes and Seasonal Vegetables

## Mains

**Homemade Moussaka** £17.45  
Made to a traditional Greek recipe of Minced Lamb, Courgettes, Potatoes and Aubergines, finished with Béchamel Sauce. Served with Chips and Salad topped with Feta and Marinated Whole Black Olives

**Gammon Steak** Regular £15.95/Small £14.95  
Char grilled and served with Chips, Peas, Pineapple and Fried Egg

**Gourmet Steak Burger** £15.95  
Char grilled Minced Steak Burger with Relish, Lettuce, Tomato, Gherkin and Cheese. Served in a toasted Brioche Bun and served with Chips and Homemade Coleslaw  
Additional Toppings £1.50  
Bacon, Mushroom, Fried Onions, Fried Egg

**Gourmet Chicken Burger** £16.95  
Panko Coated Chicken Breast with Mayonnaise, Lettuce, Tomato, Gherkin and Cheese. Served in a toasted Brioche Bun and served with Chips and Homemade Coleslaw  
Additional Toppings £1.50  
Bacon, Mushroom, Fried Onions, Fried Egg

**Homemade Steak, Mushroom and Ale Pie** £16.45  
Topped with Puff Pastry and served with Chips and Peas

**Souvlaki** Regular £17.95/Small £16.95  
Chicken Char grilled with Peppers and Onion and served with Pitta Bread, Chips and Salad topped with Feta and Marinated Whole Black Olives

**Stuffed Chicken** **NEW** £17.95  
Chicken Breast stuffed with Cream Cheese and Leeks, wrapped in Bacon. Served on a bed of Mashed Potatoes with Green Beans, Carrots and creamy White Wine Sauce.

**Chicken, Bacon and Mushroom Linguine** **NEW**  
Regular £17.95/Small £16.95  
In a creamy White Wine Sauce, topped with Parmesan and Served with Garlic Bread

**Seared Calves Liver** Regular £19.95/Small £17.95  
Pan fried Calves Liver served on a bed of Mashed Potatoes, with Seasonal Vegetables, topped with Fried Onions, Streaky Bacon and Red Wine Jus

**Home made Fragrant Chicken Curry** £17.45  
A Medium Spiced Curry, Garnished with Fresh Coriander and Red Onion. Served with Rice and Paratha Bread

**Minted Lamb Shank** £21.95  
Tender Lamb Shank in a Tomato and Mint Sauce, served with Colcannon Mashed Potatoes and Seasonal Vegetables

**Belly Pork** £17.95  
Slowly braised with Honey, served with Apple Cider Jus, Colcannon Mashed Potatoes and Seasonal Vegetables

**Sausage and Mash** £14.95  
Three Fresh Sausages made by our local butcher and topped with Fried Onions and Red Wine Sauce, served with Peas

**Beef Bourguignon** £17.95  
Chunks of Tender Beef cooked with Red Wine, Mushrooms, Carrots and Smoked Bacon and served with Mashed Potatoes